

JRMS PTA MEETING - THURSDAY DECEMBER 7, 2017

BOARD: LM, LP, KT

Meeting Called to Order: 9:21AM

Welcome & Intro: LM

Approval of November Meeting Minutes: Lori Skidell, Lenore Pranzo

PRESENTATION Joy Squitieri - 6th/7th Guidance Counselor
Jesse Shallot - 5th/8th Guidance Counselor
Kara Flockart - School Social Worker
Paula Minor - School Psychologist

*ANGST shown at JBHS on Mon night - good turnout/big topic of interest
(all 4 speakers attended)

*Jesse/Joy: Used to see more ADHD, now and increase in anxiety & 504 plans

*504 Plans: different than IEP/special provisions put into place

*Technology increases feelings of exclusion and a need to 'ON' all the time

*Teens/tweens don't want to be labeled or seen as different

*Paula: look for changes or withdraw/different for every kid

*Key to validate feelings and reframe

*Humor normalizes when they are entrenched in negative feelings

*Best to do in natural setting and best to use LESS language

*Triggers and coping mechanisms are different for each kid

*Goal of school counselors and therapists is to enhance and facilitate access to education

*Ross Green/Harvard Clinical Psychologist (giving power/sense of control)

PRESIDENTS REPORT (LM)

*Staff Luncheon went well

*Acknowledge award for Darlene Wallin

*Discussed creating parent university - looking for topics/have guidance counselors present on topics related to Angst/workshop for parents

TREASURERS REPORT (LM)

*COH about \$7600

School Supplies \$1000

Field Goods \$62

Photo Day \$650

Book Fair going on now....

*Beat Box Group to perform twice on February 7th (9-10 & 10-11) - looking to push back the time

*SOCIALS: 5th 93/6th 60/7th 68

*REFLECTIONS: No submissions yet/will send separate listserv

*COOKBOOKS: (MG) \$1253 gross/\$440 profit/\$725 from sponsors/\$528 in sales/38 left to sell

PRINCIPALS REPORT: (DM)

*Conference Feedback was positive/parents offering up more suggestions

*Diane is looking to have a Q&A or a mini-lesson before a winter concert - topics welcome/need 1-2 weeks to prepare

*January Meeting: Will brainstorm new fundraising ideas

Motion to adjourn: LP, KT 10:39AM